

Patient Centred Goal Setting Record

Client's Name: Alice Rowan

D.O.B.

29.10.1943

Key Worker: G Brain

• **Client Priorities:**

- To walk around the house
- To be able to dress myself
- To be able to go to the toilet by myself (including getting to and on/off the toilet; adjusting clothes)
- To be able to go out with my husband for a drive

Date	Current Status	Goal (correct answers)	Outcome	Review Date
23.03.10	When walking Alice needs help to get up from a chair to standing and needs help of two therapists to walk as she finds keeping her balance and moving her left leg difficult. She feels that if she had a higher chair to get up from and a walking aid she would be able to walk by herself	Alice will get up from a high chair walk across the gym with a stick and supervision from one person safely and consistently	N	06.04.10
23.03.10	Alice is able to put on her t-shirt and jumper getting help with her bra only. She needs total help with her lower clothes from one person.	Alice will dress her top half and will put her pants, trousers, socks and shoes on in sitting. She will get assistance of one person to pull up her lower clothes in standing to the level of her hips. Alice will complete the final pull up of her clothes over her hips with supervision only.	A	06.04.10
23.03.10	Alice transfers onto and off the toilet with the help of one person. She can stand with a rail but is anxious about letting go fearing she will fall. She requires help from one person to pull up and adjust her clothes.	Alice will transfer onto and off the toilet with supervision safely and consistently. Alice will confidently and consistently release the rail and assist with pulling her trousers up over her hips.	A	06.04.10
23.03.10	Alice would like to be able to go out for a drive with her husband. She recognises she will need a wheelchair to go out but is concerned about accessing one and how to use it.	Alice will be provided with a chair and shown how to use it. She will get in and out of the car with the help of her husband safely and consistently and will have gone out for a drive.	A	06.04.10

Outcome Codes: A = Achieved P = Partially Achieved E = Exceeded Goal N = Not Achieved

Reasons For Goals Not Achieved: -